towards individualism, proactive measures, efficiency, and personal perseverance. The linguistic structures in both sets of proverbs mirror these cultural tendencies, with Uzbek language reflecting a more interconnected and cautious approach to life, while English proverbs highlight personal agency and practical outcomes.

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A COMPARATIVE ANALYSIS OF PHRASEOLOGICAL UNITS DEPICTING THE HUMAN PSYCHE IN ENGLISH AND UZBEK

Annotation. *Phraseological units, usually called express or fixed expressions, are crucial components of any language, encapsulating complex ideas and emotions in concise forms. They serve not only as linguistic tools, but also as reflections of cultural and psychological structures within a society. By comparing phraseological units in English and Uzbek, this article aims to find out how each language expresses concepts related to the human mind, behavior and emotional states.*

Key words: *comparative analysis, linguistic tools, emotions, reflections, nuances, phraseological units.*

O'ZBEK VA INGLIZ TILLARIDAGI EKSPRESSIV IBORALARNING QIYOSIY TAHLILI

Annotatsiya. *Frazeologik birliklar, odatda, ifodali yoki turg'un iboralar deb ataladi, har qanday tilning hal qiluvchi tarkibiy qismi bo'lib, murakkab g'oyalar va his-tuyg'ularni ixcham shakllarda qamrab oladi. Ular nafaqat lingvistik vositalar, balki jamiyat ichidagi madaniy va psixologik tuzilmalarning aksi sifatida ham xizmat qiladi. Ushbu maqola ingliz va o'zbek tillaridagi frazeologik birliklarni qiyoslash orqali har bir tilda inson ongi, xulq-atvori va hissiy holatlari bilan bog'liq tushunchalarni qanday ifodalashini aniqlashga qaratilgan.*

Kalit so'zlar: *qiyosiy tahlil, lingvistik vositalar, his-tuyg'ular, mulohazalar, nuanslar, frazeologik birliklar.*

СРАВНИТЕЛЬНЫЙ АНАЛИЗ ЭКСПРЕССИВНЫХ ФРАЗЕОЛОГИЗМОВ УЗБЕКСКОГО И АНГЛИЙСКОГО ЯЗЫКА

Аннотация. *Фразеологические единицы, обычно называемые экспрессивными или фиксированными выражениями, являются важнейшими компонентами любого языка, инкапсулирующими сложные идеи и эмоции в кратких формах. Они служат не только лингвистическими инструментами, но и отражением культурных и психологических структур внутри общества. Путем сравнения фразеологизмов английского и узбекского языков цель данной статьи - выяснить, как каждый язык выражает понятия, связанные с человеческим разумом, поведением и эмоциональными состояниями.*

Ключевые слова: *сопоставительный анализ, лингвистические средства, эмоции, размышления, нюансы, фразеологизмы.*

Introduction. The importance of exploring these phraseological units extends beyond mere linguistic comparison; It involves investigating the cultural nuances that inform their meanings and uses. Under-stand how different cultures articulate psychological concepts through language enhances our understanding of social interactions, cognitive processes and emotional expressions in these cultures. In addition, examining the variations and points in common in the phraseological units in English and Uzbek, information can be obtained on how their societies build their perceptions of the human psyche.

This article will systematically analyze selected phraseological units of both languages, focusing on its literal and figurative meanings. In doing so, it will illustrate the broader implications of these expressions

in relation to cultural identity, emotional expression and media. Emphasizing the role of the cultural context in phraseological units serves as a reminder that language is not just a method of communication, but a vase through which our understanding of human experience is transmitted and shaped.

Literature review. The exploitation conducted in this research will contribute to a deeper understanding of linguistic phenomena and will offer a comparative perspective that highlights the richness of expression in English and Uzbek in the psyche. Language serves as a primary channel to express the complexities of human psychology, usually encapsulating emotional states and cognitive structures through phraseological units. The intricate relationship between language, culture and the human psyche highlights the importance of examining phraseological units that articulate psychological concepts and emotional experiences. Umarkulova (2024) emphasizes that phrases in any language reflect not only individual psychological states, but also collective cultural perceptions, acting as a mirror for social emotional values, beliefs and structures.

In both English and Uzbek, the representation of the human psyche is incorporated into the idiomatic expressions that fill each language. These phraseological units usually derive from cultural experiences and narratives, revealing aspects of human thinking and emotion that may be intrinsically linked to social norms. For example, the English phrase "having a chip on the shoulder" conveys a sense of complaint or a inclination to confrontation, rooted in a cultural understanding of personal offense and emotional defensiveness.

Research Methodology. The interaction between language and emotional articulation extends to the varying degrees of specificity with which each culture addresses psychological states.

In English, phraseological units serve as vital components of language that encapsulate complex cultural ideas, emotions, and cultural ideas. These units generally manifest themselves as idioms, proverbs and metaphors, by which their meanings extend beyond mere definitions, intertwining with the cultural fabric of English-speaking societies.

Analysis and results. A prominent example of a phraseological unit that describes the human psyche is to "use the heart in the sleeve". This expression conveys the idea of openly displaying emotions or feelings, suggesting vulnerability and sincerity. The phrase means a cultural appreciation for honesty and emotional transparency, reflecting an Anglo-American ethos, where to show emotions is often seen as a virtue and not as a weakness. This language emphasizes the social appreciation of authenticity in interpersonal relationships and the importance of emotional expression in the context of British and American cultures.

The metaphor "to drown the sorrows" operates at the intersection of polling and emotional health mechanisms. He suggests the act of seeking temporary consolation in substances, particularly alcohol, to escape emotional turbulence or anguish. This phrase illustrates a cultural recognition of human propensity to avoid pain, while criticizing the often harmful methods employed to deal with anguish. It reflects broader social discussions about mental health, demonstrating how language can encapsulate the nuances of coping strategies in different cultural contexts.

In addition, the phraseological unity "walking in eggshells" incorporates the complexities of human interaction, particularly in sensitive situations. This expression conveys the need for caution in dealing with someone else's feelings, highlighting the delicate balance inherent in human relations. The psychological aspect of this phrase reveals an underlying cultural value regarding empathy and conflict prevention, showing how language can mediate social practices and emotional intelligence.

English phraseological units about the human psyche provide profound information on emotional expression, ethical conduct and social interactions. These expressions not only convey meanings linked to individual and collective experiences, but also reflect underlying cultural values. The analysis of such phrases reveals how linguistic constructions form and are shaped by the psychological scenario of English language communities, serving as a window through which to see the intricate relationship between language and cultural psychology., In the Uzbek language, phraseological units serve as a rich repository of cultural meaning and psychological perception, similar to their English colleagues. A remarkable example is the phrase "yuragi to'lib toshgan" (literally "full heart"), which conveys a deep emotional state of joy and fulfillment. This expression shares thematic similarities with the English phrase "full of heart", both indicating a state of greater emotional resonance. However, the cultural context around these expressions diverges; In Uzbek, the phrase is often associated with collectivist values, emphasizing shared happiness in community or family meetings. This reflects the prominent role of communal ties in Uzbek

society, contrasting with the most individualistic connotation that "full of heart" can lead to some English contexts.

In analyzing these phraseological units, it is evident that, although both languages employ figurative expressions to represent the human psyche, underlying cultural nuances play a crucial role in the formation of the meanings and implications of these sentences. Uzbek expressions often evoke collective experiences and community feelings, while English phrases tend to reflect a balance between individual and collective guidelines. This distinction emphasizes the importance of the cultural context in understanding the psychological dimensions articulated through language, highlighting how phraseological units serve as a mirror for values and beliefs within a society (Ruzikulova. 2025). A comparative analysis of expressions that denote fear in English and Uzbek, reveals deep ideas about cultural frameworks that report the perception and articulation of this fundamental human emotion. As explored by Azimova and Yusupova (2024), phraseological units serve as cultural artifacts that reflect social beliefs, values and the collective psyche of a linguistic community.

Conclusion. The conflicting approaches to represent the human psyche in these languages underline the importance of the cultural context in modeling the expressions of mental states. While English often uses lonely images and scenarios to transmit psychological nuances, Uzbek often uses collective and family references. This divergence not only has implications for linguistic studies, but also for intercultural psychology, underlining the need to understand how the language model cognitive and emotional paintings.

In addition, the meaning of the study of these phraseological units extends beyond the simple linguistic comparison. It allows a nuanced understanding of how linguistic expressions act as cultural conducts for psychological states, acting as reflections of norms and social values. By engaging with these idiomatic expressions, researchers can obtain insights on the underlying cultural psychology that model human thoughts and behavior in different contexts.

Therefore, the comparative analysis of the phraseological units in English and Uzbek that face the human psyche enriches our understanding of how the language reflects cultural identities and psychological experiences. This study reiterates the full relationship between language, culture and human mind, opening the way to wider investigations on how these factors integrate and interact in different societies. The results not only highlight the intricate tapestry of human expression, but also take the examination of linguistic and cultural intersections in the study of psychology, ultimately promoting a deeper appreciation of the diversity of human experience.

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ANALYZING THE GRAMMATICAL STRUCTURE OF PHRASEOLOGIZMS THAT CONTAIN THE WORD "MONEY" IN BOTH UZBEK AND ENGLISH

Annotation. *This research investigates phraseological units related to the monetary system and their structural grammatical properties. These units are identified by the fact that, on the one hand, they have sentence-like characteristics, but on the other hand, they have a distinct phraseological style. This has allowed us to draw conclusions regarding the common aspects of phraseological systems in two languages.*

Keywords: *phraseological units, equivalence, character, component, features, grammatical analysis, structure, phraseological groups, classification.*